-When user gets out of “bed”:

Start timer (TBA specific timings)

-If user “takes” “fitbot”:

Show timer

-Else:

hide timer

-When user makes action:

“use”,” take”,” look”,” examine” subtract “heart beats” from total timer

-When user enters room:

Display “flavour text”

Show “items/objects” in room (drawer, table, etc.) `

-when user picks up item:

Display description and prompt user to put in bag/inventory

-if user “uses adrenaline:

Take 100 “heartbeats”

If user “uses insulin:

Give 100 “heartbeat”